



Scuole di
specializzazione in
Psicoterapia Cognitiva
Prendersi cura delle emozioni

International Summit

TRUTH AND JUSTICE IN TRAUMA AND RECOVERY

Friday, September 18, 2026

Time: CET (Central European Time) 15:00 - 19:00

Prof. Judith L. Herman

Prof. Anne P. DePrince

Prof. Clara Mucci

Prof. Crystal L. Park

Prof. Valeria Ugazio

Prof. Maria Grazia Foschino Barbaro

Chair: Dr. Maurizio Brasini

Online

The Summit will be held online exclusively LIVE
Simultaneous Italian/English translation is provided



FREE PARTICIPATION

REGISTRATION REQUIRED

Info: www.apc.it - corsi@apc.it - 3473566781



Scuole di
specializzazione in
Psicoterapia Cognitiva

Prendersi cura delle emozioni

International Summit
TRUTH AND JUSTICE IN TRAUMA AND
RECOVERY

Presentation

"Traumatic events shatter the construction of the self that is formed and sustained in relation to other. They undermine the belief systems that give meaning to human experience. They violate the victim's faith in a natural or divine order and cast the victim into a state of existential crisis."

Thus Judith Herman introduced the notion of complex trauma at the beginning of the 1990s. Since then, trauma has assumed an increasingly relevant position in the conceptualization of psychological suffering, in research and in the training of clinicians, as well as in the currently dominant social representations of common sense.

However, the notion of trauma initially proposed by Herman, in which is central the traumatic valence of what Primo Levi calls the "offense", that is, the unjust damage to the sense of humanity and dignity of the victim, has progressively yielded ground to a narrative of trauma, to date largely prevalent, as a transposition into the psychological realm of that "lesion produced in the organism by any agent capable of sudden, rapid, and violent action" to which the term "trauma" refers in the medical realm. In fact, psychotraumatology has returned forcefully to the premises that saw its act of birth at the end of the 19th century, according to which a "bodily" approach (today predominantly neurobiological and somatic) to trauma is the most appropriate, necessary, and sufficient to understand and cure human suffering. From this has emerged a narrative based on a sort of neurobiology of parts: trauma exceeds the tolerance capacity of the mind-brain, which fragments into parts identifiable at the somatic level, and that need to be recomposed.

The intent of this summit, which takes its cue from the publication in Italian of Judith Herman's latest work titled ***"Truth and Repair. A Justice for Those Who Survive Trauma"*** (Cortina 2024), is **to reconnect with a more "human" vision of trauma: a public rather than private fact, a wound to dignity rather than to the body, an ethical and political rather than medical issue.**

Alongside Prof. Herman, some of the scholars who at the national and international level have contributed, with their studies and their commitment, to give voice to this position on trauma have accepted to participate: Anne DePrince (betrayal trauma), Crystal Park (shattered assumptions), Clara Mucci (embodied witnessing), Valeria Ugazio (semantic polarities), Maria Grazia Foschino Barbaro (domestic violence).

The event is offered online free of charge; **simultaneous Italian/English translation is provided.**



Scuole di
specializzazione in
Psicoterapia Cognitiva

Prendersi cura delle emozioni

International Summit
TRUTH AND JUSTICE IN TRAUMA AND
RECOVERY

Speakers

Anne P. DePrince, PhD

Distinguished University Professor of Psychology and scholar of community engagement at the University of Denver. Author of the book *Every 90 Seconds: Our Common Cause Ending Violence against Women*, she studies the impact of betrayal trauma and multidisciplinary responses, and is committed to widely disseminating trauma research.

Maria Grazia Foschino Barbaro

Cognitive-behavioral psychologist and psychotherapist, expert in clinical applications of attachment theory and post-traumatic stress therapy. She coordinates the anti-violence network of the Puglia Region, directs the Specialist School in Cognitive Psychotherapy of Bari, and is a member of the Scientific Directorate of the Respiro Project for support to orphans of domestic crimes.

Judith L. Herman, MD

Professor of Psychiatry at Harvard Medical School. Co-founder of the Victims of Violence Program, which for thirty-eight years provided trauma treatment, professional training, and support to victims in a public hospital. She received the Lifetime Achievement Award from the International Society for Traumatic Stress Studies and is a distinguished life fellow of the American Psychiatric Association.

Clara Mucci

Full Professor of Dynamic Psychology at the University of Bergamo, where she also directs the Specialist School in Health Psychology. Relational psychoanalyst, she is author of *Beyond Individual and Collective Trauma* (Routledge, 2013), *Borderline Bodies* (Norton, 2018), *Resilience and Survival* (Karnac, 2022); with Rachman she wrote *Ferenczi's Confusion of Tongues* (Routledge, 2023); with G. Craparo, *Embodied Psychoanalysis* (Karnac, 2026).

Crystal L. Park, PhD

Board of Trustees Distinguished Professor of Clinical Psychology at the University of Connecticut. Her research focuses on multiple aspects of coping with stressful events, including the role of religious beliefs and religious coping, the phenomenon of stress-related growth, and meaning-making in the context of traumatic events and potentially fatal illnesses.

Valeria Ugazio

Systemic psychotherapist, she founded and directs the European Institute of Systemic-Relational Psychotherapy (EIST) in Milan and Bergamo. As Full Professor she taught at various Italian universities. She is author of numerous publications and developed the theory of familial semantic polarities, comprehensively presented in the book *Semantic Polarities and Psychopathologies in the Family* (Routledge, 2013). (www.valeriaugazio.com)



Scuole di
specializzazione in
Psicoterapia Cognitiva
Prendersi cura delle emozioni

International Summit
TRUTH AND JUSTICE IN TRAUMA AND
RECOVERY

Chair and Curator of the event **Dr. Maurizio Brasini**

PhD, Cognitive-Behavioral and Systemic Relational Psychologist and Psychotherapist.

Teacher at the APC/SPC Schools of Cognitive Psychotherapy, former professor at the Psychology departments of the Guglielmo Marconi University of Rome, the Sapienza University of Rome, and the University of L'Aquila.

Program

Friday, September 18, 2026

Time: CET (Central European Time) 15:00 - 19:00

15:00 – 15:15 | ***Opening Remarks*** – Francesco Mancini & Maurizio Brasini

15:15 – 16:00 | ***Opening Keynote: "Truth and Repair: How Trauma Survivors Envision Justice"*** –
Judith L. Herman

16:00 – 16:30 | ***"Power and Trust Betrayed: What the Harm of Betrayal Reveals about the Path to Healing"*** – Anne P. DePrince

16:30 – 17:00 | ***"Embodied Witnessing of Trauma of Human Agency as a Restorative Practice for Both Culture and Therapy"*** – Clara Mucci

17:00 – 17:10 | **Break**

17:10 – 17:40 | ***"Trauma as Meaning Violation"*** – Crystal L. Park

17:40 – 18:10 | ***"Difficult Positioning and Forbidden Stories"*** – Valeria Ugazio

18:10 – 18:40 | ***"From Truth to Repair: Community Responses and Cognitive Care for Children after Domestic Violence and Femicide"*** – Maria Grazia Foschino Barbaro

18:40 – 19:00 | **Closing Panel Discussion**



Scuole di
specializzazione in
Psicoterapia Cognitiva
Prendersi cura delle emozioni

International Summit
**TRUTH AND JUSTICE IN TRAUMA AND
RECOVERY**

The Summit is aimed at:

Students and Graduates in Psychology and Medicine
Registered Psychologists
Psychologists and Psychotherapists
Psychotherapists
Psychiatrists
Child Neuropsychiatrists

How to participate

The Summit will be held live online on the Zoom platform.
Simultaneous Italian/English translation will be provided.

FREE PARTICIPATION WITH MANDATORY REGISTRATION

[CLICK HERE
TO REGISTER
FOR THE SUMMIT](#)

Organizing Secretariat

SPC s.r.l. - Viale Castro Pretorio, 116 - Roma

www.apc.it - corsi@apc.it - 3473566781