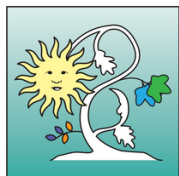


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IAST
Italian Academy
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International Society of
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SCHEMA THERAPY RESEARCH MEETING ROME, 21-22 NOVEMBER 2025

The Meeting

The *Italian Academy of Schema Therapy (IAST)* is proud to invite you to an engaging event dedicated to the advancements of Schema Therapy research.

The meeting will showcase dynamic symposia focusing on cutting-edge topics in ST.

This is a fantastic opportunity to connect with leading experts, exchange ideas, and contribute to the future of Schema Therapy.

Don't miss your chance to be part of this exciting event!

No registration fees for ISST members, SITCC members and Presenters

Participants are responsible for covering their ISST or SITCC membership fees, as well as, their own accommodation and travel expenses.

For other participants (No ISST or SITCC members) there is a registration fee of 100,00 euros vat included.

[**CLICK HERE TO REGISTER**](#)

- Friday 21st November 9.00 am - 5.30 pm - Symposia
- Saturday 22nd November 9.00 am - 1.00 pm - Symposia



*An in-person workshop led by Eshkol Rafaeli will take place on Saturday, November 22nd in the afternoon (2:00 PM – 5:30 PM). A separate registration is required. For info and registration [CLICK HERE](#)



The Meeting will be held in presence in Rome at Roma Scout Center - Largo dello Scautismo n. 1, 00162, Rome (IT)

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www.apc.it

Organizing Committee

IAST - Italian Academy of Schema Therapy

SCHEMA THERAPY RESEARCH MEETING

ROME, 21-22 NOVEMBER 2025

Program

Friday 21 November 2025 - morning sessions

09.00 am - 09.15 am - Welcome

SESSION 1 - 09.15 am - 01.00 pm

- 09.15 - **Alessandra Mancini** - *"Early Maladaptive Schemas and Guilt feelings"* - IN PERSON
- 09.35 - **Gayle Maloney** - *"Schema-informed Exposure and Response Prevention Treatment and Imagery Rescripting for OCD"* - ONLINE
- 09.55 - **Katia Tenore** - *"Rewiring Modes: Group ImRs via Telehealth"* - IN PERSON
- 10.15 - **Tibor van Verseveld** - *"Imagery Rescripting for Obsessive Compulsive Disorder : A Multiple-Baseline Design"* - ONLINE
- 10.35 - **Olga Ines Luppino** - *"Disgust and morality: the effectiveness of Imagery Rescripting on Sensitizing Early Memories"* - ONLINE
- 10.55 - **Q&A**
- 11.15 - 11.30 - **COFFEE BREAK**

SESSION 2 - 11.30 am - 01.00 pm

- 11.30 - **Arnoud Arntz** - *"Tests of the mechanisms of change in ST"* - ONLINE
- 11.50 - **Saffova Stanislava** - *"Schema Theory and Psychosis: An Exploration of the Relationships between Invalidating Childhood Environment, Schema Modes, Self-concept Clarity and Psychotic-Like Experiences"* - ONLINE
- 12.10 - **Cristina Baroncelli** - *"The role of enmeshment and undeveloped self, subjugation and self-sacrifice in childhood trauma and attachment related problems: The relationship with self-concept clarity"* - ONLINE
- 12.30 - **Q&A**

01.00 pm - 02.00 pm - LUNCH BREAK (Lunch will be self-managed and at participants' own expense. Feel free to explore the many cafés and restaurants close to the venue!)

SCHEMA THERAPY RESEARCH MEETING

ROME, 21-22 NOVEMBER 2025

Program

Friday 21 November 2025 - afternoon sessions

SESSION 3 - 2.00 pm - 5.30 pm

- 2.00 - **Denise Ginzburg-Marku** - *"Evaluating the Couples Schema Therapy Module System in a Naturalistic Therapy Setting: Impact on Closeness, Satisfaction, and Mood"* - IN PERSON
- 2.20 - **Leo Goetstouwers** - *"A Multiple Baseline Case Series Study Using Individual- and Couple Schema Therapy for Patients with a Personality Disorder and their Partners"* - IN PERSON
- 2.40 - **Barbara Basile** - *"Love at First Sight? Understanding Schema Chemistry Through the Lens of Parental and Individual Schemas in Romantic Relationships"* - IN PERSON
- 3.00 - **Munivenkatappa Manjula & Tavleen Kohli**- *"Schema Therapy in cluster C PD and pilot findings for the study"* - ONLINE
- 3.20 - **Claudio Vieira** - *"Early Maladaptive Schemas and Problematic Pornography Use"* - ONLINE
- 3.40 - **Q&A**

- 4.00 - 4.15 - **COFFEE BREAK**

SESSION 4 - 4.15 am - 5.30 pm

- 4.15 - **Viktoria Simon** - *"Current understanding of Adult ADHD as a target, and as a modulator of Schematherapy"* - IN PERSON
- 4.35 - **Alon Berger** - *"Dynamics of Self states: Exploring the Vulnerable Child to Healthy Adult Sequence and its Links to Mental Health"* - IN PERSON
- 4.55 - 5.30 - **Q&A**

SCHEMA THERAPY RESEARCH MEETING

ROME, 21-22 NOVEMBER 2025

Program

Saturday 22 November 2025 - morning sessions

SESSION 5 - 09.00 am - 01.00 pm

- 09.00 - Welcome and opening works
- 09.10 - **Evelyn Smith** - "Schema Therapy for eating disorders (3 studies)" - ONLINE
- 09.30 - **Matteo Aloï** - "Early maladaptive schemas as core therapeutic targets in eating disorders and obesity: a schema therapy-informed network analysis" - ONLINE
- 09.50 - **Fatemeh Seifi** - "Parent-Focused Group Schema Coaching; CAREFREE (Carers Program for Fluency in Resonance, and Empowerment in Eating Disorders) Intervention for Parents of Adolescents with Anorexia Nervosa" - IN PERSON
- 10.10 - **Phoebe Joshua** - "Temperament-focused schema therapy in binge eating disorder: A case series analysis" - ONLINE
- 10.30 - **Silvia Maria Costa** - "Early maladaptive schemas, schematic modes and suicidal ideation in patients with major depressive episode" - ONLINE
- 10.50 - **Q&A**
- 11.10 - 11.30 - **COFFEE BREAK**

SESSION 6 - 11.30 am - 01.00 pm

- 11.30 - **Marta Bej** - "The Historic and Cultural Background in the Process of the Formation and the Activation of some Specific Schemas" - IN PERSON
- 11.50 - **Cristina Baroncelli** - "Exploring Enmeshment and Undeveloped Self, Subjugation, Self-sacrifice and Self- Concept Clarity in individualistic and collectivistic cultures" - ONLINE
- 12.10 - **Alon Berger** - "Few coping responses, rather than child modes, as markers for psychological health" - IN PERSON
- 12.30 - **Q&A**
- 12.50 - 1.00 - Farewell

An in-person workshop led by Eshkol Rafaeli will take place on Saturday, November 22nd in the afternoon (2:00 PM – 5:30 PM). A separate registration is required. For info and registration for the Saturday afternoon Workshop with Eshkol Rafaeli [CLICK HERE](#)

SCHEMA THERAPY RESEARCH MEETING

ROME, 21-22 NOVEMBER 2025



Presenters

- **Alessandra Mancini** - Italian Academy of Schema Therapy (IAST), Rome, Italy
- **Gayle Maloney** - Director, Perth OCD Clinic; Associate Clinical Professor of Psychiatry, Yale University School of Medicine
- **Katia Tenore** - Italian Academy of Schema Therapy (IAST), Rome, Italy
- **Tibor van Verseveld** - Amsterdam University Medical Center, Netherlands
- **Olga Ines Luppino** - Italian Academy of Schema Therapy (IAST), Rome, Italy
- **Arnoud Arntz** - University of Amsterdam, Netherlands
- **Saffova Stanislava** - University of Roehampton, London, UK
- **Cristina Baroncelli** - Department of Medical and Clinical Psychology, Tilburg University, Netherlands
- **Denise Ginzburg-Marku** - Frankfurt Schema Therapy Institute (IST-F), Germany
- **Leo Goetstouwers** - Parnassia Group, PsyQ Zaandam
- **Barbara Basile** - Italian Academy of Schema Therapy (IAST), Rome, Italy
- **Munivenkatappa Manjula** - Department of Clinical Psychology, National Institute of Mental Health and Neuro Sciences, Bangalore, India
- **Tavleen Kohli** - Department of Clinical Psychology, National Institute of Mental Health and Neuro Sciences, Bangalore, India
- **Claudio Vieira** - Nottingham Trent University, UK
- **Viktoria Simon** - Hungarian Association of Cognitive Behavior and Schema Therapy, Hungary
- **Alon Berger** - Bar Ilan University, Israel
- **Evelyn Smith** - University of Western Sydney, Australia
- **Matteo Aloï** - Department of Clinical and Experimental Medicine, University of Messina, Italy
- **Fatemeh Seifi** - Project Researcher (PhD in clinical psychology), University of Eastern Finland, Finland
- **Phoebe Joshua** - University of Canberra, Australia
- **Silvia Maria Costa** - Federal Rural University of Rio de Janeiro (UFRRJ), Brasil
- **Marta Bej** - Cbt & SchemaTherapy Albania, Albania

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