

*Scuole di
Specializzazione in
Psicoterapia Cognitiva*

Con il patrocinio di



LAZIO

ONLINE SYMPOSIUM

Organized by the
Schools of Cognitive Psychotherapy
APC/SPC/SICC/IGB/AIPC

Friday 08 April 2022

5:00pm - 7:30pm CET

Debating on the role of nonspecific factors: Basic questions and open issues in psychotherapy research

Prof. Bruce Wampold

«Many scientific evidences indicate that psychotherapies are equally effective and this suggests the role of nonspecific factors accounting for the effectiveness of treatment»

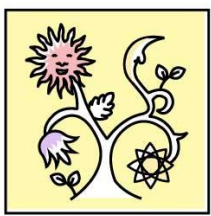


Prof. Ioana Cristea

«The debate about the role of nonspecific factors is impossible considering the nature of empirical data currently available and it hinders future developments in psychotherapy research»

Prof. Antonio Semerari will comment the position illustrated by Prof. Wampold stressing the utility of alternative models based on a theory of psychopathological functioning.

The symposium will be held online on ZOOM. Free registration | Info: corsi@apc.it – www.apc.it



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The event aims to promote a debate on the role of non-specific VS specific factors (i.e.: Are therapeutic factors the same in all psychotherapies?). Two scientific experts will engage in a discussion proposing opposite theses. Before and after the speakers' interventions, participants will be invited to express their position on the two theses.

The event will be introduced by **Prof. Francesco Mancini** (School of Cognitive Psychotherapy, APC-SPC, Italia). The event will be moderated by Dr. **Guyonne Rogier** (University of Genoa, Italy).

SPEAKERS

PROF. BRUCE, E., WAMPOLD. UNIVERSITY OF WISCONSIN--MADISON, USA

WAMPOLD, B. E., & IMEL, Z. E. (2015). THE GREAT PSYCHOTHERAPY DEBATE: THE EVIDENCE FOR WHAT MAKES PSYCHOTHERAPY WORK (2ND ED.). ROUTLEDGE.

PROF. IOANA CRISTEA. UNIVERSITY OF PAVIA, ITALY

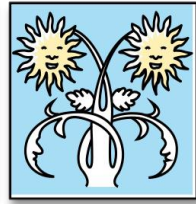
CRISTEA, I. A., & CUIJPERS, P. (2017). IN THE PURSUIT OF TRUTH, WE SHOULD NOT PRIORITIZE CORRELATIONAL OVER CAUSAL EVIDENCE. PSYCHOTHERAPY RESEARCH, 27(1), 36-37. DOI:10.1080/10503307.2016.1249434

PROF. ANTONIO SEMERARI. TERZO CENTRO, ROMA, ITALIA

SEMERARI, A. (2022). LA RELAZIONE TERAPEUTICA, STORIA, TEORIA E PROBLEMI. LATERZA.



SPC



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PROGRAMME

- 5pm – 5:15pm *Opening* – **Prof. Mancini**
- 5:15pm – 5:45pm *Evidence supporting the existence of common factors* – **Prof. Wampold**
- 5:45pm – 6:15pm *Evidence against the existence of common factors* – **Prof. Cristea**
- 6:15pm – 6:30pm *Comments* – **Prof. Semerari**
- 6:30 – 6:45pm *Audience's questions* – **Dr. Rogier**
- 6:45 – 7:15pm *Speakers' debate* – **Prof. Wampold & Prof. Cristea**
- 7:15pm – 7:30pm *Conclusions* – **Prof. Mancini**



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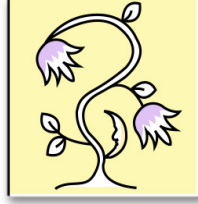
SPC



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**The Symposium will take place online on ZOOM
Friday 08 April 2022 from 5 pm to 7:30pm CET**

A certificate of attendance will be delivered at the end of the event.

The Symposium is intended for Psychology and Medicine Students and Graduates, Psychologists, Physicians, Psychotherapists, Psychiatrists, Psychotherapy Students.

FREE REGISTRATION
To register [CLICK HERE](#)

Info: corsi@apc.it – www.apc.it