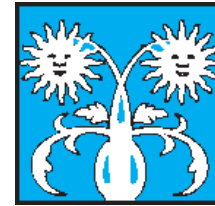




**DIALOGO
SCHEMA
THERAPY**



Scuola di Psicoterapia Cognitiva s.r.l



Associazione di Psicologia Cognitiva



INTERNATIONAL SOCIETY OF
SCHEMA THERAPY

Workshop

INTERPERSONAL SCHEMA THERAPY: WORK WITH COUPLES AND RELATIONSHIPS

LECTURER: DR. ECKHARD ROEDIGER

PRESIDENT OF ISST. RECOGNIZED TRAINER AND SUPERVISOR BY ISST (INTERNATIONAL SOCIETY SCHEMA THERAPY).

**THIS WORKSHOP IS PART OF THE PROGRAM OF SCHEMA THERAPY FOR COUPLES
REQUIRED FOR STANDARD CERTIFICATION
RECOGNIZED BY THE INTERNATIONAL SOCIETY OF THERAPY (ISST)**

ROME, JANUARY, 23rd 2016

9.00am - 01.00pm/ 02.00-06.00pm

**VENUE: SCUOLA DI PSICOTERAPIA COGNITIVA S.r.L., Viale Castro Pretorio, 116 - 00185
Roma – ITALY**

SUMMARY

The schema therapy model describes how basic unmet core needs in childhood and traumatic experiences of insecure attachment lead to the early maladaptive schemas and dysfunctional coping styles. Unfortunately, these maladaptive patterns play an important role in schema chemistry when choosing a partner. So, we find ourselves in the same complementarities and, sometimes, in the same traumatizing roles we have experienced in our childhood, in a never-ending fight against our partner, where we "push the others' emotional buttons", generating the so-called "circles Modes".

Unlike most of the other models working with couples, schema therapy works not only with the couple, but it also includes individual sessions. This allows the treatment of personality disorders, or related traumas, improving current relationships. Further, we can begin to work with one partner, and then with the other one, helping the healthier part of the couple to support the therapeutic process and to get, in turn, him or herself help and support by the therapist. ST is a very flexible from approach and its balance is a difficult challenge.

THIS WS IS RELATED TO THE PREVIOUS WORKSHOP PRESENTED BY DR. ROEDIGER IN HIS WS ON THE 22ND OF JANUARY

LEARNING OBJECTIVES: USING THE ROLE PLAY TECHNIQUE FOR THE DIAGNOSIS OF "CIRCLES' MODES", TO INTERRUPT THEM AND TO ENHANCE A MORE FUNCTIONAL COMMUNICATION.



TRAINER : DR. ECKHARD ROEDIGER

Neurologist, psychiatrist and psychotherapist (CBT training and depth psychotherapy). President of ISST. Trainer and supervisor recognized the ISST (International Society schema therapy). He trains and supervises ` in various institutes of CBT and ST. in Germany and abroad

Director and founder of IST-F "Institut für Schematherapie Frankfurt" . Author of numerous publications of ST

THE WORKSHOP IS ADDRESSED TO TRAINEES IN PSYCHOTHERAPY, PSYCHOTHERAPISTS AND PSYCHIATRISTS

THE NUMBER OF SEATS IS LIMITED TO 40, THE ORDER OF REGISTRATION WILL BE' CONSIDERED.

THE WORKSHOP WILL BE HELD IN ENGLISH WITH CONSECUTIVE TRANSLATION IN ITALIAN

AT THE END OF THE SEMINAR A CERTIFICATE OF PARTICIPATION WILL BE GIVEN

FEES AND REGISTRATION

➤ **Early bird-Before Dicembre 23rd 2015** : € 175.00 VAT included

After Dicembre 23rd 2015: € 190.00 VAT included

➤ **Special fee for trainees in psychotherapy**: € 135.00 VAT included, due before Dicembre 23rd 2015

REGISTRATION DEADLINE: JANUARY 13TH 2016

REGISTRATION AND PAYMENT

In order to register, please fill in the on-line form.

Online registration should follow the bank transfer

Payment of meeting registration fees should be made by Bank transfer, before the above-indicated deadlines, specifying as reason for payment

“ Roma Schema Therapy e coppia 2016”

ACCOUNT NAME : Scuola di Psicoterapia Cognitiva s.r.l BANK: Banca Popolare dell'Emilia Romagna BIC BPM0IT22

COURSE TIME AND LOCATION

The WS will be held at the Scuola di Psicoterapia Cognitiva S.r.L. office in Viale Castro Pretorio, 116 - Rome

Starting time will be at 9:00am to 01:00pm / 02:00 to 06.00pm

SECRETARY AND ORGANIZATION

SPC srl -Viale Castro Pretorio, 116 - Rome WEBSITE: www.apc.it **For information: Mr. Franco Cicaloni email iscrizioniworkshop@apc.it**