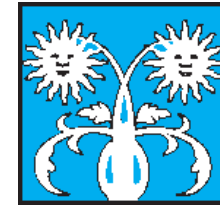




Scuola di Psicoterapia Cognitiva s.r.l



INTERNATIONAL SOCIETY OF
SCHEMA THERAPY



Associazione di Psicologia Cognitiva

ROME, JANUARY 22nd, 2016

**INTRODUCTION TO INTERPERSONAL SCHEMA THERAPY:
WORKING WITH COUPLES AND RELATIONS**

02.00 - 06.00 pm

Dr. Eckhard Roediger

PRESIDENT OF ISST INTERNATIONAL SOCIETY OF SCHEMA THERAPY

RECOGNIZED TRAINER AND SUPERVISOR BY ISST

VENUE: Scuola di Psicoterapia Cognitiva S.r.L. - Viale Castro Pretorio, 116 – ROME

**THIS WORKSHOP IS PART OF THE PROGRAM OF SCHEMA THERAPY FOR COUPLES REQUIRED FOR STANDARD CERTIFICATION
RECOGNIZED BY INTERNATIONAL SOCIETY OF SCHEMA THERAPY (ISST)**

SUMMERY

LECTURER: DR. ECKHARD ROEDIGER

The schema therapy model describes how basic unmet core needs in childhood and traumatic experiences of insecure attachment lead to the early maladaptive schemas and dysfunctional coping styles. Unfortunately, these maladaptive patterns play an important role in schema chemistry when choosing a partner. So, we find ourselves in the same complementarities and, sometimes, in the same traumatizing roles we have experienced in our childhood, in a never-ending fight against our partner, where we "push the others' emotional buttons", generating the so-called "circles Modes".

Unlike most of the other models working with couples, schema therapy works not only with the couple, but it also includes individual sessions. This allows the treatment of personality disorders, or related traumas, improving current relationships. Further, we can begin to work with one partner, and then with the other one, helping the healthier part of the couple to support the therapeutic process and to get, in turn, him or herself help and support by the therapist. ST is a very flexible from approach and its balance is a difficult challenge.

LEARNING OBJECTIVES: 1) PRESENTATION OF THE THEORETICAL FRAMEWORK OF SCHEMA THERAPY IN THE INTERPERSONAL AREA 2) DESCRIPTION OF THE "CIRCLE'MODES" AND ON CHANGE PROCESSESS, THROUGH THE SATISFACTION OF FRUSTRATED



DR. ECKHARD ROEDIGER

Neurologist, psychiatrist and psychotherapist (CBT training and depth psychotherapy). President of ISST. Trainer and supervisor recognized the ISST (International Society schema therapy). He trains and supervises ` in various institutes of CBT and ST. in Germany and abroad

Director and founder of IST-F "Institut für Schematherapie Frankfurt"

Author of numerous publications of ST

**THIS WS IS PART OF THE PROGRAM OF SCHEMA THERAPY FOR COUPLES REQUIRED FOR STANDARD CERTIFICATION
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**THE WORKSHOP IS ADDRESSED TO PSYCHOLOGY, TRAINEES IN PSYCHOTHERAPY, PSYCHOTHERAPISTS,
PSYCHIATRISTS**

THE WORKSHOP WILL BE HELD IN ENGLISH WITH CONSECUTIVE TRANSLATION IN ITALIAN

AT THE END OF THE WORKSHOP A CERTIFICATE OF PARTICIPATION WILL BE GIVEN

FEES AND REGISTRATION

- **Early bird-Before December 23rd 2015: € 125.00 VAT included** **After December 23rd 2015: € 150.00 VAT included**
- **Special fee for trainees in psychotherapy: € 110.00 VAT included, due before Decembre 23rd 2015**

REGISTRATION DEADLINE: JANUARY 13TH 2016

REGISTRATION AND PAYMENT

In order to register, please fill in the on-line form.

Online registration should follow the bank transfer

Payment of meeting registration fees should be made by Bank transfer, before the above-indicated deadlines,, specifying as reason for payment
“ Roma Introduzione Schema Therapy e coppia 2016”

ACCOUNT NAME: Scuola di Psicoterapia Cognitiva s.r.l BANK: Banca Popolare dell'Emilia Romagna BIC BPM0IT22

COURSE TIME AND LOCATION

The WS will be held at the Scuola di Psicoterapia Cognitiva S.r.L. office in Viale Castro Pretorio, 116 - Rome Starting time will be at 9:00am to 01:00pm / 02:00 to 06.00pm

SECRETARY AND ORGANIZATION

SPC srl -Viale Castro Pretorio, 116 - Rome WEBSITE: www.apc.it **For information: Mr. Franco Cicaloni email iscrizioniworkshop@apc.it**